

Our school and the courses we run are well suited to a more mature clientele, who are particularly interested in immersing into our city and its people. To meet the increasing demand for 50+ Language Students, Kurus English has developed a special programme for this specific age group.

Our Language Excursions constitute the heart of Kurus English besides the ever-important language classes: Because of our unique network, students are immersed in diverse cultures of Cape Town, providing them with opportunities to converse with the fascinating people of the city. Should the conversation ever begin to flag, our teachers will be at our students' side to assist them. Themes change weekly, defining the language-learning concept with regards to content and ensuring exciting and meaningful personal encounters.

Here is the 2 week 50+ Programme in more detail:

- **10 Lessons Grammar** (per week).
- **10 Lessons Skills Development** (per week): reading, writing, listening, speaking and vocabulary development.
- **10 lessons of Language Excursions** (per week), including language support, transport, entrance fees and, on certain Language Excursions, a meal or snacks and/or refreshments.

**+ 3 additional leisure time activities**, which will be organised for you in Cape Town.

- **Jazz Safari** (Meet Cape Town jazz musicians during dinner).
- **Peninsula Route** (Cape of Good Hope, full-day tour).
- **Wine Route** (Constantia Wine Valley, half-day tour).

### Price 2013:

EUR 1.095	Course and additional activities only, no accommodation
EUR 2.215	Course and accommodation in a Guest House, single room, bath/shower and breakfast
EUR 2.635	Course and accommodation in a 3 Star Hotel, single room, bath/shower and breakfast

**You are also very welcome to book your accommodation with a Host Family, let us know!**

### Course Dates 2013:

**12.01.2013 – 26.01.2013**  
**09.02.2013 – 23.02.2013**  
**04.05.2013 – 18.05.2013**  
**06.07.2013 – 20.07.2013**  
**07.09.2013 – 21.09.2013**  
**02.11.2013 – 16.11.2013**





# 50+ TIME TABLE

## 50 + Programme: 2 weeks (from Saturday to Saturday)

Language Excursion Theme in the afternoon: **South African History (Example only- themes change weekly)**

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		09:45: <b>Peninsula Route</b> to Cape Point and the Cape of Good Hope with Coffeebeans Routes	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary
Afternoon	Arrival in Cape Town First steps in Cape Town	End 18h00	Welcome Reception Kurus English  <b>Leisure time</b>	13:30-16:00: <b>Language Excursion:</b> <b>Slavery</b>	13:30-16:00: <b>Language Excursion:</b> <b>Apartheid</b>	13:30-16:00: <b>Language Excursion:</b> <b>Freedom</b>	14:00 <b>Wine Route with Coffeebeans Routes</b>  Enjoy our wonderful scenic wine estates during two wine tastings
Evening							

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.

Language Excursion Theme in the afternoon: **Youth & Education (Example only- themes change weekly)**

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Leisure time	Leisure time	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary
Afternoon			Homework  Leisure time	13:30-16:00: <b><u>Language Excursion:</u></b> <b>Cristal House (Private School)</b>	13:30-16:00: <b><u>Language Excursion:</u></b> <b>High School (Public school)</b>	13:30-16:00: <b><u>Language Excursion:</u></b> <b>The Ambitious Youth of Khayelitsha Township</b>	Leisure time
Evening			19:00 Jazz Safari with Coffeebeans Routes				<b>Saturday:</b> Departure

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.  
Please note: Itineraries are subject to change!



## 50+ additional activities

**These 3 activities are already included in the 2 week 50+ Programme:**

### 1. Jazz Safari:

**19:00h** Guests meet at Coffeebeans Routes/ Kurus English in 70 Wale Street

**19:30h** Dinner at home of a Cape Town jazz musician, with private show

**21:30h** Visit to jazz club OR visit to second musician for nightcap

**23:00h** Return to accommodation.

### 2. Cape Peninsula Route:

**09:45h** collection from accommodation. Coffeebeans Routes transport and guides

**11:00h** arrive in Muizenberg, via Cape Flats route to provide 'lay-of-the-land' perspective.

**12:00h** lunch in Kalk Bay (own account)

**13:30h** Simons Town, Boulders Beach, Penguin Colony

**14:00h** depart for Cape Point Nature Reserve (Cape of Good Hope)

**14:30h** Nature reserve - funicular, walking to the point, optional beer at restaurant etc.

**16:00h** approx departure time. Return to Cape Town via Kommetjie, Ou Kaapse Weg, Constantia Nek, Hout Bay, Camps Bay

**18:00h** return to accommodation. These timings are **approximate** only.

**Please bring:** sun-protection, hat/cap, hiking/sports shoes, light jacket

**Weather:** this trip will take place regardless of the weather.

### 3. Wine Route:

**14:00-18:00h:** Coffeebeans Routes' half-day wine route focuses on the Constantia wine region. This is the oldest of the wine regions in the Western Cape, the birthplace of wine in South Africa. It is stunningly beautiful in landscape and architecture, and close enough to the city that a great deal can be experienced in this half-day excursion.

Some of the Constantia Estates include Groot Constantia, the grand-daddy of wine estates in the Cape, Klein Constantia, Constantia Uitsig, Steenberg Vineyards, and Buitenverwachting.

Each wine route visits **two of these estates** for tastings, included in the price.

**Please bring:** light jacket and camera

**All timings are subject to change.**